

## **Halton Community Specialist Learning Disabilities team**

### **Community matron**



# What does the community matron do?



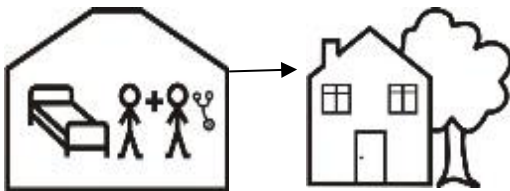
The community matron can work with you and your carer or your family.



The community matron works with people with lots of health needs.



The community matron can help to keep you out of hospital if you do not need to go in.



The community matron can help you to come home from hospital.



The community matron can help you to stay at home with support from the right services.

# What can the community matron help me with?

The community matron can:



Prescribe medication if you are unwell.



Help you to care for yourself.



Give you help and advice about keeping healthy.



Help you to access appointments such as with your doctor or dentist.

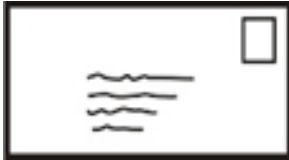


Work with other people such as your doctor or hospital staff.



Train staff and carers about your health needs.

You can contact the team if you have a learning disability and are 18 years of age or older.



Halton Community Learning Disabilities Team  
Bridges Learning Centre  
Crow Wood Health Park  
Crow Wood Lane  
Widnes  
WA8 3LZ



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**For impartial and confidential advice or information on the services provided by Bridgewater or to receive this leaflet in an alternative format call our Patient Services team on 0800 587 0562.**