

Halton 0-19 (+25 SEND) Healthy Child Programme Summary*

*this is not the comprehensive service offer

Assessments and Mandated Contacts

- 28-week antenatal assessment
- New birth visit within 14 days
- 6–8-week new birth follow up visit
- 9-12-months child health review
- 2-2.5-year child development review
- Reception children, Year 7 and Year 10 health needs assessments
- YJS health needs are supported
- Health assessments for LAC
- Advice and assessments and reviews relating to Education, Health and Care Plans (EHCP's)

Sexual Health

- Delivery of puberty and sexual health sessions in schools
- Offer sexual health support to all secondary schools and colleges
- Universal and targeted interventions to support the reduction in teenage conceptions
- Raise awareness, identify and support children and young people at risk of exploitation

Access and Patient Experience

- Respond to urgent referrals from professionals, young people or families
- Undertake regular patient experience feedback
- Seamless transition of services during the 0-19 (+25 SEND) life course, including school transition, midwifery services, adult services, work and education
- Flexible and responsive to need, removing barriers to access and amplify virtual contacts alongside face-to-face and digital.
- Use creative and innovative ways of engaging with clients

Early Help

- Early help and early identification 0-5 and SEND
- All staff will be trained in contributing to MAP access
- All relevant staff will be trained as Lead professional for case coordination
- The service will lead to appropriate cases relating to health
- The service will have robust performance tracking in place for open cases and safe closures. This will be reported each quarter.
- There will be service representation at panel & Working Together meetings
- There will be strong links and joint working between the service and other partner agencies— reported every quarter

Family Nurse Partnership (FNP) is a core component of the Early Help offer for vulnerable families in Halton. To reduce inequalities in outcomes with a strong focus on prevention, health promotion and early identification of needs. It aims to improve outcomes of pregnancy by helping women improve their ante-natal health and the health of their unborn baby; improve children's subsequent health and development by helping parents to provide more consistent, competent care for their children; improve the life course of women by planning subsequent pregnancies, finishing their education, finding employment, or seeking additional employability training.

Health and Wellbeing Offer

Community

Uses and builds on community assets.

Universal

Part of the support offer for all families, which includes health and developmental reviews, vaccination, screening, confidential drop ins in schools and college, health promotion and advice. These enable early identification of vulnerability, difficulties and the connection to early help, or targeted or specialist services.

Targeted

Timely, personalised to prevent further deterioration or escalation of needs.

Specialist

Inform work across agencies to coordinate wrap-round support for children, young people and families with ongoing complex needs e.g. connection to SEND and those the subject of statutory plans.

Health and Wellbeing for Children & Young People

- Breastfeeding continuation rates
- Numbers of mothers smoking in pregnancy
- Children start school ready to learn
- Children overweight and obese at reception and Year 6
- Support to reduce hospital admissions for unintentional and deliberate injuries
- Improve dental health in 5-year-old children
- Support for maternal and child emotional health and wellbeing
- Support to reduce U18 conceptions
- Support to reduce admissions for U18 alcohol misuse or self-harm
- Narrow the health inequality gap for vulnerable groups
- Support to reduce pupil absence from school
- Use voices of children and young people to improve their experiences of health care
- Provide brief interventions to improve emotional health for children and young people
- Improving population vaccination coverage
- Disease prevention through screening
- Reducing tooth decay in children aged five
- Supporting children progressing through the continuum of safeguarding need
- Youth offending and reoffending
- Uptake of Chlamydia screening
- Reduction in the number of young people affected or at risk of CSE and CCE

Screening

- Reception and Year 6 offered National Child Measurement programme height and weight
- School entry assessment based in school in line with recommendations for vision, hearing and speech impairment identified
- Referral into specialist services where vision, hearing and speech impairment identified
- Interventions for children who measure underweight, overweight and obese
- Respond to communicable disease outbreaks and health protection incidents
- Support routine childhood immunisation when opportunities arise or needed
- Newborn blood spot screening for babies up to 1 year who have moved in, and where a repeat sample is advised over 28 days

Working in Partnership

- All settings with a named 0-19 Team
- All GP practices with a named 0-19 Health Practitioner/Team
- All schools and colleges will have a named school nurse/Health Team
- Support role to schools, professionals and other settings to strengthen health interventions
- Play a key role in Think Family approach (Multi-Agency Working)

Safeguarding

Respond within required timeframes and protocols to safeguarding concerns, acting as lead professional where appropriate and contributing to case conferences, family action and core groups

- High levels of compliance at safeguarding meetings, where appropriate
- Signs of Safety framework are embedded into practice
- Halton's Levels of Need framework is used in decision making across the service
- Responsive focus for vulnerable groups, such as young carers, Children in Care, young mums and where families are affected by alcohol and/or substance misuse and domestic violence
- Health needs for young offenders to be supported
- Processes are in place in relation to child sexual and criminal exploitation and female genital mutilation

Emotional Health and Wellbeing

- Promote safe and secure attachment
- Support perinatal mental health interventions as appropriate
- Brief interventions for children and young people with emotional health issues (Thrive Model)
- Key partners in developing and delivering the Family Hubs model
- Work alongside therapeutic services as part of a stepped care model
- Ensure that appropriate referrals are made

SEND and Additional Needs

- Needs identified across all schools and settings in Halton
- Support for children with long term conditions, complex needs, such as asthma and epilepsy. (Managing health needs in school)
- Contribute to multi-disciplinary pathways and support with the review of care plans
- Support parents to improve their child's ability to actively participate in learning and school life and increase their attainment
- Electively home educated children offered support where a health need has been identified
- Contribute to local arrangements for Education, Health and Care Plans
- Contribute to the Halton Local Offer and neurodevelopment pathway
- Promote early speech and language development
- Support for transition at key points in the child and young person's life course

Health Promotion

- Drop-in sessions offered to settings as appropriate
- Baby clinics offered throughout the Borough
- Young people supported to quit smoking
- Mums-to-be will be given smoking cessation and alcohol brief interventions
- PSHE sessions delivered in schools, colleges and community
- Advice and promotion of breast feeding, weaning and childhood weight management
- Mothers and fathers offered health advice following birth
- Advice and support to minimise injury to children