

## Community Dental Service

### Information for people who have received intravenous sedation



# Information about your sedation treatment

Your dental treatment has been carried out under conscious sedation. This sedation technique was used to help you feel relaxed; it may have made you feel sleepy.

The following medication was used during your dental treatment:

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Intravenous Midazolam

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Flumazenil – also see the flumazenil information leaflet.

We would not expect any problems from the use of these medicines. However, if a problem does occur, please ring the dental clinic and speak to a member of the sedation team – contact details are listed at the bottom of this leaflet.

If you experience any urgent post-operative difficulties outside of the clinics opening hours, please contact the emergency advice line on the back of this leaflet or attend Accident and Emergency.

It is important that you retain this leaflet. If you require emergency care, please take this leaflet with you.

Please follow the instructions given in this leaflet even if you feel you have recovered fully and do not feel drowsy.

## Instructions for patients who have received Midazolam

For the rest of the day, you **must not**:

- Travel alone
- Drive, ride a bicycle or climb ladders
- Operate machinery
- Cook or use domestic appliances such as a kettle
- Make important decisions or sign legal documents
- Drink alcohol or take recreational drugs
- Return to work within 24 hours of treatment
- Use social media.

For the rest of the day your escort must remain with you for 24 hours. They should be responsible for your medication including any pain relief medication you may need, as the sedation may make you forgetful.

It is therefore important that the time of any medication administered is noted so that medication, such as pain relief, is taken correctly.

You must:

- Take it easy
- Be accompanied when using stairs
- Avoid strenuous activity
- Take your medication as usual
- Let someone else care for anyone you usually look after, such as children, the elderly or sick relatives.

## **Community dental clinic telephone numbers**

Chester	Fountains Health Centre	01244 385563
Sandbach	Ashfields Primary Care Centre	01270 275151
St Helens	St Helens Dental Clinic	01744 731395
Warrington	Bath Street Health & Wellbeing Centre	01925 946293
Widnes	Health Care Resource Centre	0151 495 5042
Bury	Moorgate Primary Care Centre	0161 470 4430
Stockport	Kingsgate House	0161 204 4720
Leigh	Leigh Health Centre	01942 777910

## **Out of hours (OOH) contacts**

Cheshire & Merseyside Emergency dental advice OOH - telephone: 0161 476 9651

Greater Manchester Emergency dental advice OOH - telephone: 0333 332 3800

NHS emergency and urgent care services - telephone: 111

**For impartial and confidential advice or information on the services provided by Bridgewater or to receive this leaflet in an alternative format call our Patient Services team on 0800 587 0562.**