

Halton Community Matrons

Information for patients and carers



What is a community matron?

Community matrons are highly experienced, senior nurses. They work closely with patients who have long term conditions.

Community matrons are able to provide:

- Clinical examination
- Diagnosis
- Prescribe medication.

What do community matrons aim to do?

Community matrons work closely with you, your family and/or carers to assess and diagnose your condition.

They aim to manage your care to improve your health and wellbeing. They do this by:

- Helping to prevent unnecessary hospital admissions
- Helping to reduce the length of hospital stays
- Supporting you when you are discharged home
- Helping you to stay at home with support from other services
- Reducing the number of times that you need to attend hospital
- Helping you to look after and manage your condition
- Supporting your family and carers
- Offering health advice and support
- Working with other professionals.

Where are community matrons based?

Community matrons are based in Widnes and in Runcorn within various general practitioner (GP) surgeries.

How can I access the service?

You must be over the age of 18 and live in Halton to access the service.

You will need to be referred to the service by your GP, consultant, specialist nurse, therapist or social worker.

Referrals are accepted for patients who have two long-term conditions (chronic obstructive pulmonary disease (COPD), heart failure (HF), diabetes, cardiovascular disease (CVD), motor neuron disease (MND) and at least two of the following:

- Recent exacerbation of long-term condition (as listed above)
- Have had two or more unplanned attendances to Accident and Emergency (A&E) or admissions to hospital in the last six months relating to the long-term condition
- Stay in hospital for more than four weeks, relating to the long-term conditions
- Polypharmacy – (the use of multiple medications at the same time by one person)
- Recently bereaved and needing co-ordination of complex care needs
- Co-ordination of complex care needs.

Useful Information

Your community matron is.....

You can contact your community matron by ringing the following number(s):

Telephone:

Working days:

Contact hours:

Please leave a message if you are calling outside of working hours. We will respond the next working day.

If advice or assessment is required outside of working hours, please contact your own GP. Alternatively, you can ring 111 or 999 if it is an emergency.

For impartial and confidential advice or information on the services provided by Bridgewater or to receive this leaflet in an alternative format call our Patient Services team on 0800 587 0562.