

Apprenticeships Case Study

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Physiotherapy Degree Apprenticeship
Neuro Rehab Team



What prompted you to become an apprentice/apply for your apprenticeship?

I have always been interested in becoming a physio and had been looking at ways to progress from my current role as a therapy assistant. I also felt encouraged and well supported by the team and the trust to go for it as well, which helped when submitting my application.

Tell us about your role, what does a typical day look like?

A typical day consists of me going to patients' homes to help them complete the exercises their physio or occupational therapist has given them. The exercises may include stretching, strengthening, balance or mobility work or all the above, there is a lot of variety which helps to keep it interesting, and it is nice to be able to work with patients over a period of time and see them progress.

What is the best thing about your apprenticeship?

Meeting new people and learning new skills.

What would you say to others thinking about an apprenticeship?

Go for it!