

## **Apprenticeships Case Study**

### **Emma Crilly**

**Trainee Nursing Associate Intermediate Care** 



# What prompted you to become an apprentice/apply for your apprenticeship?

I have worked for the NHS now for 18 years and felt it was time to progress in my career. The opportunity of an apprenticeship was brought up by my team leader and I found out more information from the apprenticeship team. I felt the time was right for me to gain a degree level qualification to help my career progression.

### Tell us about your role, what does a typical day look like?

I work as part of the nursing team at Padgate house, which is an intermediate care bed base. A typical day starts with morning handover of the patients from the night staff, then morning medication round. This consists of giving out medications with supervision of the nurse. It gives you an opportunity to check how the patient is feeling at the start of the day.

Each patient then has a set of physical observations completed during the day; any concerns are communicated with the nurse. The day then consists of any tasks that need to be completed such as dressings, booking transport for patient's appointments, updating family members, attending Multi-Disciplinary Team meetings and generally checking on your allocation of patients for the day. Further medications rounds are completed at lunchtime and teatime. Communication is key at Padgate house as we work with a variety of other professionals such as occupational therapists, physiotherapists, social workers and carers. The day ends by making sure patients records are kept up to date and handover given to the night staff. It's a lovely place to work.

### What is the best thing about your apprenticeship?

It gives you the opportunity to gain clinical skills in the workplace and put in practice the theory you learn at university. It's a great opportunity to up skill members of the workforce whilst also gaining a wage.

What would you say to others thinking about an apprenticeship? Go for it! It's the best decision I've made this year. I have great support from my hub base and have met a lovely group of people at university.