

Appendix 1

***Adult Continence and Catheter Care
Formulary
March 2023***



Produced by:

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Approved by:

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Introduction

Prescribing of catheter/continence products can often be a challenge to those who are not specialists in this area as there are many products available and their costs vary considerably. This continence and catheter care formulary has been prepared by the catheter/continence specialist teams with support from the Medicines Management team within Bridgewater Community Healthcare NHS Foundation Trust. It has been devised to standardise and simplify prescribing and to ensure that patients receive good quality, cost effective products.

- The products selected have been assessed to determine clinical effectiveness, patient requirements and cost effectiveness.
- The formulary should not be used in isolation or replace patient assessment and clinical judgement.
- This formulary does not contain any products for:
 - **Catheter Maintenance Solutions** – as these have been deemed Specialist products
 - **Urinary products** e.g., funnels – as patients should be asked to purchase these from pharmacies, specialist shops or the internet
 - **Trans-anal irrigation** - this may be suitable for some patients following specialist assessment* to evaluate for suitability, assess risks and to identify the most appropriate cost-effective system to meet the needs of the individual, as not one device alone will suit all patients.

*This assessment must be undertaken by a specialist nurse in the Bladder and Bowel team.
 - **Tieman Tipped catheters** – these are specialist use only for patients with enlarged prostate gland.

Useful Terms regarding Continence

- **Bacteraemia:** The presence of bacteria in the blood. The blood is normally a sterile environment, so the detection of bacteria in the blood is always abnormal.
- **Bacteriuria:** The presence of bacteria in the urine not due to contamination from urine sample collection.
- **Bladder calculi:** Bladder stones.
- **Bypassing:** Catheter bypassing, occurs in patients with indwelling catheters and may occur as a consequence of various aetiologies including catheter blockage, bladder spasm, constipation, pulling on the catheter or a too large diameter of the catheter.
- **Catheter:** A thin hollow flexible tube that can be inserted into the bladder either through the urethra or suprapubic (into the bladder through the anterior abdominal wall). The catheter is kept in place by a small balloon filled with sterile water.
- **Catheter Maintenance Solutions-(CMS):** Used to dissolve mineral deposits known as 'encrustation' was originally known as 'bladder washouts' this term is no longer used as it does not describe the product and its use correctly.
- **CAUTI:** Catheter associated urinary tract infection-
- **Charriere (Ch):** Relates to the gauge of the catheter (external diameter)
- **Encrustation:** Deposits of mineral salts on the internal and external surface of the catheter leading to occlusion of the lumen.
- **Foley catheter:** This means the catheter has a balloon, all indwelling catheters are foley catheters
- **Haematuria:** The presence of red blood cells in the urine.
- **Nelaton catheter:** All intermittent catheters are nelaton catheters
- **Urinary Incontinence:** The involuntary excretion of urine.
- **Urethral strictures:** A narrowing of the urethra caused by injury or disease

Checklist - when prescribing a catheter

Always...

- Consider whether the **product type** is the most appropriate choice:
 - Could an intermittent catheter be used?
 - Has the patient been reviewed to ensure they still need a catheter?
 - Were there any concerns during the recent period of catheterisation?
 - Ensure that the catheter selected has the anticipated duration of catheterisation and is licensed for its intended use
 - Is the product included in the Formulary?

- When **prescribing** ensure details are accurate and include:
 - Manufacturer and Brand,
 - Drug Tariff Order Codes – important to ensure that the correct product is dispensed and charged for
 - Correct size and length
 - Gender - when prescribing catheters accuracy of the length is essential!
 - Type

- Consider **Quantity**; see prescription ordering quantities to identify volume to order.
Only order minimum quantity required for one month.

Note: Patient may have more than one type of the same product so always ensure the quantities are appropriate i.e., add up to 1 months use not one month of each type of product e.g., 150 intermittent catheters in total not 150 of each type

Do you need any advice? Contact the Specialist Team in your area- see inside page for details

For Bridgewater Staff

Products in the formulary should only be prescribed/requested in a quantity that is clinically indicated (see guidance on page 8).

Order Form - see Appendix 2 Non-formulary products

- Contact the local specialist team (see contact details Page 2) for advice if wanting to request a non-formulary product
- If appropriate a Non Formulary Prescription Request form should be completed.

See [Bridgewater Urethral catheterisation Procedure](#)

Adverse Effects/Incidents

All continence products are classified as medical devices and are regulated by the Medicines and Healthcare products Regulatory Agency (MHRA).

If there is a suspected problem (adverse effect/incident) with a medical device report this to the MHRA using the Yellow Card Scheme at www.yellowcard.mhra.gov.uk/ as soon as possible.

An incident report via the online Risk Management Reporting System (Ulysses) must be completed. This must also be documented in the patient's record and the GP informed.

Examples of adverse effects/incident include:

- someone is injured (or almost injured) by a medical device, either because its labelling or instructions aren't clear, it's broken or has been misused
- a patient's treatment is interrupted because of a faulty device
- you think a medicine or medical device is fake or counterfeit

Prescribing Quantities Guidance

Appliance	Frequency of change	Recommended monthly quantity	Additional information
Intermittent (single use) catheters	Between 1 – 6 times daily	Average use - 125	Specialist patients such as spinal injury patients may require up to 12 per day due to risk of autonomic dysreflexia
Indwelling Medium Term catheters (Foley)	Up to 4 weeks	Initially one plus one spare. Then one every month.	Re-order 1 at a time
Indwelling Long Term catheters (Foley)	Up to 12 weeks – determined by catheter history	Initially one plus one spare. Then one every three months	Re-order 1 at a time. Planned changes can be anything from 3 -12 weeks maximum.
Catheter valves	Every 7 days	Five (one packet)	
Catheter retaining straps	4- 6 monthly	Issue one pack every 4-6 months	Pack of 5
Leg bags	Usually, one bag every 7 days	Five	One box of 10 should last 2 months
Belly bags*	Usually, one a month	One	
Night bags (Drainable)	Usually, one bag every 7 days	Five	One box of 10 should last 2 months
Night bags (Non - drainable)	One bag per day	Thirty	Use one each night
Catheter leg bag sleeves	Twice yearly (every 6 months)	Issue one every 6 months	Pack of 4
Catheter maintenance solution	Specialist advice only		
Urinary sheaths	Usually, one per day	Thirty	May be left in situ for 1-3 days

** Individual named products marked in the Drug Tariff must be dispensed with a supply of wipes and disposal bags*

Ordering Supplies

Patients have the choice of where to obtain their prescribed continence supplies from. One supplier should not be recommended in preference to another. There are two routes of supply:

- 1. Community Pharmacies** – prescriptions are usually sent directly to the pharmacy via EPS. Items may be delivered directly to the patient's home, along with other medication by arrangement with the pharmacy. Stock will be delivered within 24 – 48 hours in most instances but will vary from one pharmacy to another. **Patients are responsible for ordering their repeat prescriptions directly from the GP surgery.**
- 2. Dispensing Appliance Contractors (DAC)** –prescriptions are usually sent directly to the DAC via EPS and items are delivered directly to the patient's home. Stock is usually delivered within 24-48 hours; however, this may vary dependent on the DAC. **Patients are responsible for ordering their repeat prescriptions directly from the GP surgery.**

Please note that a prescription must be authorised and generated by a GP practice prior to any delivery of appliances to patients. GPs should not issue prescriptions retrospectively for any DAC.

Drug Tariff

All catheters, catheter accessories, catheterisation packs and catheter maintenance solutions are listed in the Drug Tariff in Part IXA – Appliances.

All other continence products (including faecal incontinence appliances) are listed in the Drug Tariff in Part IXB – Incontinence Appliances.

The link to the Drug Tariff is:

<http://www.drugtariff.nhsbsa.nhs.uk/#/00534233-DB/DB00534224/Home>

Prices taken from Drug tariff February 2023.

Catheterisation

A comprehensive assessment is needed before considering using a catheter and emphasis must be on appropriate treatment for each individual. Catheterisation should only be undertaken when at least one of the following has been met:

- Acute urinary retention
- To allow the use of catheter maintenance solution
- Bypassing an obstruction
- Chronic urinary retention, only if symptomatic and / or renal compromise
- For investigative purpose such as urodynamics
- Instillation of medicine e.g., chemotherapy
- Monitoring renal function hourly during critical illness
- Pre/post-operative surgery
- Where it is appropriate for 'better' care e.g., end of life care, disability and unfit for surgery

Nurses (and all health care professionals) should remember that the risks associated with catheterisation are serious and may increasingly become difficult to justify (RCN 2012).

Following assessment, the best approach to catheterisation that takes account of clinical need, anticipated duration of catheterisation, patient preference and risk of infection should be selected. Intermittent catheterisation should be used in preference to an indwelling catheter if it is clinically appropriate and a practical option for the patient.

Indwelling urinary catheters should be used only after alternative methods of management have been considered; the need for catheterisation should be reviewed regularly (NICE 2012). It should be remembered that the use of any continence appliance can significantly affect patients and carers, physically, socially, psychologically and sexually. It is vital that these issues should be taken into consideration whenever a continence product is prescribed.

The type and gauge of an indwelling urinary catheter should be selected based on an assessment of the patient's individual characteristics, including:

- age
- any allergy or sensitivity to catheter materials
- gender
- history of symptomatic urinary tract infection
- patient preference and comfort
- previous catheter history
- reason for catheterisation

Surgical aseptic non touch technique (ANTT) should be used for all catheterisations performed by a healthcare worker. For urethral catheterisation, the meatus should be cleaned before insertion of the catheter, in accordance with local guidelines/policy ([See Urethral Catheterisation Clinical Procedure](#))

Catheter insertion, changes and care should be documented using a catheter care plan (NICE 2012) and patient's issued with a [Catheter Passport](#).

Indwelling Catheters for Urethral & Supra-pubic Use

These catheters remain in place for several weeks and are held in position by a water filled balloon. There are catheters which can be used **long term** (up to 12 weeks) and catheters for **short to medium term** use (up to 4 weeks). In the community setting, where intermittent catheters are not suitable the second choice product is a long term catheter as the medium term catheters require more frequent changes and increased risk of catheter associated infections.

Medium term catheters should be reserved for patients who cannot manage intermittent catheterisation and for whom long term catheters are unsuitable, consultation should take place with the Continence/Catheter teams prior to initiating a patient on this type of catheter and they are therefore **not** included in this formulary.

Most products are licensed for both urethral and suprapubic use but the manufacturer's instructions should always be consulted to ensure that the catheter being used is licensed for this indication. A suprapubic catheter is a type of indwelling catheter inserted into the bladder through a hole in the abdomen rather than the urethra. Patient assessment, review and support are essential to prevent/minimise urinary tract infections. Indwelling catheters should be connected to a sterile closed urinary drainage system or a catheter valve.

Length of catheter

Adult urinary catheters are manufactured in two lengths: female length (20-26cm), and standard length (40-45cm). The use of standard length catheters in females poses no safety issues, as the shorter female length is designed for dignity issues when wearing skirts rather than trousers. However, if a female length catheter is accidentally used for a male, the 'balloon' inflated with sterile water to retain the catheter will be within the urethra, rather than the bladder, and can then cause severe trauma (NPSA RRR02 2009).

Size

Catheter sizes are designated by the Charriere (Ch) gauge system – even numbers only. Wherever possible use the smallest gauge catheter that provides adequate drainage to avoid problems such as bypassing. The 10ml balloon should be fully inflated; under-inflation can distort the angle of the catheter tip and cause bladder spasm. These are suitable for the majority of patients. 5ml balloons are useful in problematic catheters as they reduce bypassing and catheter spasm and may reduce the need for anticholinergic medication. Manufacturers guidance must however always be followed.

Long Term Catheter - Silicone

Prescription Quantity: order 2 catheters initially and re-order 1 at a time

Self-retaining Long Term Indwelling All Silicone Catheter (up to 12 weeks)							
Indications & Features	Suitable for urethral & supra-pubic use Pre-filled 5-10ml or 10ml balloon						
Manufacturer	Appliance	Ordering Code	Product Code	Gauge Size	Balloon Size	Pack Size	Drug Tariff*
Optimum Medical	Ugo Foley catheter indwelling	414-3558	UFC12	12-18 Ch	5-10ml	1	£6.08
		414-3541	UFC14				
		414-3533	UFC16				
		414-3525	UFC18				
Great Bear	All Silicone Foley	4833-0512	4833-0512	12-18 Ch	5- 10ml	1	£6.43
		4833-0514	4833-0514				
		4833-0516	4833-0516				
		4833-0518	4833-0518				

- **Female length Catheters** – contact **Bladder and Bowel Service or Catheter Team**

Open ended all silicone catheters

- Can be used for urethral or supra-pubic use and may be used an alternative for those patients experiencing problems with repeated bypassing & blockage.
- There is no tip to the end of this catheter creating an additional drainage channel.

Prescription Quantity: Order 2 catheters initially (where long term catheterisation is indicated) and re-order 1 at a time

Open-tipped Self-retaining Long Term Indwelling All Silicone Catheter (up to 12 weeks)							
Indications & Features	This catheter can be used for urethral or supra-pubic Includes a UniBal type balloon with glycerine filled syringe for balloon inflation, empty syringe for balloon deflation and a syringe of lidocaine and chlorhexidine for lubrication						
CliniSupplies Ltd	Prosys Open-ended Foley	PCF12M10E	PCF12M10E	12 – 18 Ch	10ml	1	£5.89
		PCF14M10E	PCF14M10E				
		PCF16M10E	PCF16M10E				
		PCF18M10E	PCF18M10E				
Includes a 1 x catheter, 1 x 10ml sterile syringe for deflation, 1 x 10ml syringe pre-filled with water							
Coloplast Ltd	Folysil X-tra Open ended male	FST033	AA8C12 – AA8C18	12-18 Ch	10ml	1	£6.91
		FST034					
		FST039					
		FST043					
Specialist Use only - contact Bladder and Bowel Service or Catheter Team							
LINC Medical Systems Ltd	Supra-pubic All Silicone Open Tipped Catheter female	FSR180	08471205G-	12-14 Ch	5ml	1	£11.36
		FSR182	08471405G- 08471610G- 08472010G	16-20 Ch	10ml		£11.36

Catheter Stabilisation device

- It is essential that the catheter is secured properly to help to reduce pulling on the catheter which will minimise the risk of urethral trauma.
- Leg bag holders or sleeves provide much better support than leg bag straps which may be provided with the leg bag.
- These products are washable and 1 pack should last 6 months
- No more than 2 packs in one year
- Not to be prescribed as a repeat items
-

Catheter tube stabilisation device							
Indications & Features	For use with All Silicone and Latex Foley Catheters Useful in patients who are mobile, active or restless as they reduce the risk of catheter strap falling down the leg.						
Optimum Medical Solutions	Ugo Fix Gentle Catheter clip	FSS1084	3004	-	-	5	£13.17
Bard Ltd	Statlock Foley	FSS681	FOL0102DT	-	-	5	£13.50

Catheter straps

- The straps can be worn around the leg or abdomen
- They can be washed and reused (provided with laundry bag to maintain optimum performance for longer)
- Fully adjustable and can be cut to fit

Prescription Quantity: Order 1 box of 5 initially and re-order 1 box every 6 months.

Catheter Retaining Strap							
Indications & Features	Reduces the risk of trauma to the urethra, by holding the catheter securely in place on the thigh/abdomen.						
Great Bear Healthcare Ltd	Fix it retaining strap			-	-		
	Medium 45cm	FUB006	10644A			5	£14.99
	Long 80cm	FUB004	10645B			5	£16.41
Optimum Medical Solutions	Ugo fix Catheter strap			-	-		
	Short 45cm	FSS1068	3002			5	£13.33
	Medium 80cm	FSS1069	3003			5	£14.71
	Long 130cm	FSS1070	3009			5	£17.91
Specialist Use only - contact Bladder and Bowel Service or Catheter Team							
Coloplast Ltd	Simpla G-strap Adult 50cm	FUB006	383001	-	-	5	£15.48

Intermittent Catheters

- Indications for use: patients with incomplete bladder emptying, e.g., Neurogenic bladder disorders, particularly patients with multiple sclerosis, spina bifida, diabetes and spinal cord injury.
- It may also be used to prevent stricture reoccurrence following stricture surgery.
- Performing intermittent catheterisation protects the upper urinary tract from reflux and reduces the threat of encrustation and catheter-associated urinary tract infections.
- These catheters are for single use only
- Pack size usually 25-30 catheters depending on make
- Age should not prevent Intermittent Self Catheterisation being considered as an option for patients as it is recognised that it is a safe and valuable procedure for older people with significant post void residuals
- There are various intermittent catheters available and patients should be assessed on an individual basis and given the choice depending on dexterity, environment, lifestyle, etc.
- Hand held mirrors are generally sent with intermittent catheter orders
- Lubricating gel is not needed with these catheters as they are pre-lubricated
- All patients should be trained by a healthcare professional to use these products

Prescription Quantity: order will depend on how many catheters patient uses a day. Some patients may use 5-6 a day, and may use a selection of different types depending on lifestyle

Consideration of the pack size should be taken into account as some products come in packs of 30 and others in packs of 60, especially if the patient only uses the product on an infrequent basis.

Intermittent Catheters – Male							
Hollister Ltd	VaPro Male Standard 40cm	Non-stock	72084	8	-	30	£56.10
			72104	10		30	
			72124	12		30	
			72144	14		30	
			72164	16		30	
Hollister Ltd	VaPro Plus Male Standard	Non-stock	74124	12	-	30	£97.50
			74144	14		30	
Hollister Ltd	VaPro Pocket No touch	Non-stock	70104	10	-	30	£55.49
			70124	12		30	
			70144	14		30	
			70164	16		30	
Hollister Ltd	VaPro Plus Pocket	Non-stock	71084	8	-	30	£95.98
			71104	10		30	
			71124	12		30	
			71144	14		30	
			71164	16		30	
Coloplast Ltd	Speedicath Compact	Non-stock	28692	12	-	30	£57.65
Coloplast Ltd	Speedicath Flex	Non-stock	28920	10	-	30	£58.12
			28922	12		30	
			28924	14		30	
			28916	16		30	

Intermittent Catheters – Male Catheters – Male							
Wellspect Healthcare	LoFric Origo	Non-stock	4431025	10	-	30	£54.73
			4431225	12		30	
			4431425	14		30	
			4431625	16		30	
			4431825	18		30	
Teleflex	Liquick Xtreme Plus	Non-stock	852842-000120-	12	-	30	£89.61
			852842-000160	16		30	
Intermittent Catheters – Female							
Hollister Ltd	VaPro pocket	Non-stock	70102	10	-	30	£55.37
			70122	12		30	£55.37
			70142	14		30	£55.37
Hollister Ltd	VaPro Plus Pocket	Non-stock	71082	8	-	30	£95.98
			71102	10		30	
			71122	12		30	
			71142	14		30	
Wellspect Healthcare	LoFric Elle	Non-stock	4181025	10	-	30	£51.64
			4181225	12			
			4181425	14			
Hollister Ltd	Infyna Chic	Non-stock	7008	8	-	30	£52.30
			7010	10		30	£52.30
			7012	12		30	£52.30
			7014	14		30	£52.30
Hollister Ltd	Infyna Plus	Non-stock	86081	8	-	30	£71.11
			86101	10		30	
			86121	12		30	
			86141	14		30	
Coloplast Ltd	SpeediCath Compact	Non-stock	28576	6	-	30	£50.14
			28578	8		30	£50.08
			28580	10		30	£50.08
			28582	12		30	£50.08
			28584	14		30	£50.08
Coloplast Ltd	SpeediCath Compact Eve	Non-stock	28110	10	-	30	£53.78
			28112	12		30	£53.78
			28114	14		30	£53.78
B.Braun Medical	Actreen Mini Cath	Non-stock	228008E	8	-	30	£49.60
			228010E	10		30	
			228012E	12		30	
			228014E	14		30	
			228016E	16		30	

Leg Bags

- Leg bags can be worn in different positions on the leg.
- The intended position, i.e., thigh or calf will determine the length of the inlet tube. A short tube would be used on the thigh and a long tube for use on the lower leg
- The bags should remain connected for approximately 5-7 days. More frequent change is normally unnecessary and breaks the closed system, thereby increasing the risk of infection
- Non – sterile leg bags are **not** to be used with indwelling urinary catheters but are available for use with penile sheaths.
- No more than 1 box of 10 should be issued on alternate month – 6 x 10 per year
- Leg bags can be ordered in 350ml, 500ml, 750ml
- A 350ml bag would be used for an evening out – this would require more emptying but would offer great discretion
- A 500ml bag would be used for normal everyday use
- A 750ml bag would be used for long journeys or where toilet access is restricted
- A lever tap is better for patients who have problems with manual dexterity

Prescription Quantity: Order 1 box of 10 leg bags initially and re-order 1 box of 10 every other month.

Leg bags also available in 300mls and 750mls – contact catheter bladder and bowel service

Leg Bags							
Indications & Features	Sterile leg drainage bag with tap outlet, overnight connector and elastic Velcro straps. Containing 10 pairs of straps per box of 10 leg bags						
CliniSupplies Ltd	Prosys	Non-stock	P500S	500ml 6cm tube	-	10	£27.29
			P500L	500ml 25cm tube		10	£27.29
Coloplast Ltd	Simpla PLUS leg bags with two-step safety lock tap and anti-kink tubing	GDF042 GDF040	21571	500ml 6cm tube	-	10	£32.47
			21572	500ml 25cm tube		10	£32.47
Coloplast Ltd	Simpla PROFILE Leg Bag with lever lock tap and anti-kink tubing	Non-stock	21573	500ml 6cm tube	-	10	£32.55
			21574	500ml 25cm tube		10	£32.55

Leg Bag holders

- These can be worn on the thigh or on the calf. Patients leg must be measured to ensure correct fit
- They are manufactured from soft, latex free fabric and encase the leg bag to hold it against the patients leg
- No need to disconnect leg bag from catheter when changing sleeve
- External seam to protect skin and increase comfort
- Colour coded for easy re-ordering
- They can be washed and reused

Prescription Quantity: Order 1 box of 5 initially and re-order 1 box every 6 months.

Leg Bag Holders							
Indications & Features	Provides much better support than leg straps latex free fabric. The sleeve encases the leg bag to hold it against the patient's leg.						
Optimum Medical Solutions	Ugo fix sleeve leg bag holder XXL	FNV042	3027	75cm-105cm	-	4	£8.64
Clini Supplies Ltd	Prosys Leg bag sleeve	Non-stock			-		
	Small - yellow		PLS3881	24-40cm		4	£8.03
	Medium - blue		PLS3904	36-50cm		4	£8.03
	Large - beige		PLS3928	40-65cm		4	£8.03
Specialist Use only - contact Bladder and Bowel Service or Catheter Team. Existing patients only.							
Coloplast Ltd	AquaSleeve				-		
	Small - yellow	GDW535	783678	24-33cm		4	£9.11
	Standard – red	GDW130	783680	34-39cm		4	£9.11
	Medium - blue	GDW129	783694	40-46cm		4	£9.11
	Large - beige	GDW532	783694	47-64cm		4	£9.11
	Extra Large - green	GDW531	783708	65cm+	4	£8.93	

Night Drainage Bags

Single Use Night Drainage Bags

- **Single use bags should be used routinely for the majority of patients as they reduce the risk of infection**
- *These bags require changing every night*
- *Should add to prescribing directions “Single usage only”*
- *Night bags should be directly connected to the leg bag to maintain a closed system*
- *The position of the bag should be below bladder level to enhance drainage*
- *Night bags should be used in conjunction with a leg band stand (floor or bed attached), these are normally available free of charge from the manufacturer of the bags*
- *3 Litre bed single use night bags are available contact bladder and bowel/catheter team.*

Prescription Quantity: Order 30 night bags (3 Boxes) initially and re-order 30 every month

Night Drainage Bags - single use							
Indications & Features	Single Use Drainable night Bags						
CliniSupplies Ltd	Prosys Non-sterile 2 litre night bag with drainable tap	FSE271	PSU2	2 litre	-	10	£3.23
Bard Ltd	Uriplan One MT 2 litre bag with drainage tap	Non-stock	D1MT	2 litre	-	10	£3.56

Sterile Drainable night bags

- Drainable night bags **must only be used** on patients who remain in bed where the night bag is attached directly to the catheter
- More suited to patients with diabetes insipidus, heart failure with oedema or who are palliative
- All night bags should be placed on a stand so the tap is clear of the floor
- All bags may stay in place 7 days
- Should add to prescribing directions “each bag should last 7 days”
- There is no need for a spare box of sterile night bags in the patients house as one box should last 10 weeks

Prescription Quantity: Order 1 box of 10 drainable night bags initially and re-order 1 box of 10 every other month

Night Drainage Bags - Sterile							
Indications & Features	Sterile Drainable night Bags Only to be used with patients who remain in bed where bag is attached directly to the catheter.						
CliniSupplies Ltd	Prosys 2 litre sterile bed bag slide outlet tap	FSE238	P2000	2 litre	-	10	£12.63
Great Bear Healthcare Ltd	GB4 Sterile 2 litre	Non-stock	10400W	2 litre	-	10	£14.35
	GB6 Sterile 3 litre		10430U	3 litre		10	£18.14
Specialist Use only - contact Bladder and Bowel Service or Catheter Team. Palliative care only.							
Coloplast Ltd	Simpla Plus 2 litre night bag with 120cm anti-kink tubing	Non-stock	21576	2 litre	-	10	£19.24
Coloplast Ltd	Simpla Profile 2 litre Night Bag with lever lock tap and 120cm anti-kink tubing	Non-stock	21578	2 litre	-	10	£18.88

Belly Bag

- Suitable for patients for playing sports, wheelchair dependent patient or patients with amputated limbs
- Worn around the waist
- Holds up to 1000ml
- Can be used for up to 28 days

Prescription Quantity: order one bag per month

Urine drainage systems							
Indications & Features	Belly bags						
Teleflex	Rusch Belly Bag (includes belt) with twist drain	Non-stock	B1000	-	-	1	£11.34
Teleflex	Rusch Belly Bag with extension drain tube	Non-stock	B1000CT	-	-	1	£11.34
Teleflex	Rusch Belly Bag with sample port	Non-stock	B1000P	-	-	1	£11.34

Catheterisation Packs

Indication: Sterile accessories used to remove a catheter and insert a new catheter

Reasons for use:

- Facilitates aseptic non-touch technique (ANTT) to reduce the risk of catheter associated urinary tract infections (CAUTI).
- Promotes and standardises best practice using a two layer system, layer 1: catheter removal kit, layer 2: catheter insertion kits
- Cost effective catheterisation pack as supplied in one packet reducing nursing time and costs

Prescription Quantity: Order 3 packs initially then only re-order 1 pack at a time

Sterile Catheterisation Pack							
Indications & Features	Facilitates aseptic non –touch technique to reduce risk of catheter associated urinary tract infections (CAUTI). (Does not include catheter, lubricating gel or saline).						
Richardson Healthcare	Cath-It Insertion/ Removal Pack						
	Small/Medium	EHC523	908410			1	£1.98
	Medium/Large	EHC529	908420			1	£1.98
	Large/Extra Large	EHC530	908430			1	£1.98

Lubricating Gels

An appropriate lubricant from a single-use container should be used during catheter insertion to minimise urethral trauma and infection. (NICE 2012)

Sterile Lubricating Gel – 1st Line

Indication: Lubricant for catheter insertion

Directions for use:

- A single disposable syringe of sterile lubricant for instillation should be used for both male & female patients.
- Can be used for supra-pubic use but may not always be necessary
- Not required with self-lubricated intermittent catheters
- Must not be used in those with hypersensitivity to ingredients

Prescription Quantity: Order 2 packs initially then only re-order 1 pack at a time

Sterile Lubricant for catheterisation							
Indications & Features	Reduces the risk of urethral trauma. Recommended for both male & female patients. Suitable for supra-pubic changes.						
Optimum Medical	OptiLube Sterile Lubricating Jelly 11ml syringe (male)	FST882	1126	-	-	1	£1.01
Optimum Medical	OptiLube Active Sterile Lubricating Jelly contains Lidocaine 2% & chlorhexidine 11ml (P)	FST881	1161	-	-	1	£1.11

Catheter Valves

Indication: For use with an indwelling urethral catheter

In patients for whom it is appropriate, a catheter valve may be used as an alternative to a drainage bag. (NICE 2012)

Warning: this product should not be used until without assessment of bladder function by an appropriate medical professional

Directions for use:

- Catheter valves should be changed every 5-7 days
- Most patients connect to a night drainage bag to prevent waking at night
- The catheter valve must be released regularly every 2 to 4 hours or as required to prevent over distension of the bladder therefore patients/carers must have sufficient dexterity to operate the valve

- Catheter valves are also used prior to changing a supra-pubic catheter – as this reduces the risk of the drainage eyelets being sucked into the bladder mucosa and causing damage to the delicate bladder tissue /lining (urothelium)

Contra-indications:

- Reduced bladder capacity
- No bladder sensation
- Cognitive impairment
- Insufficient manual dexterity to operate the Catheter Valve
- Renal impairment

Prescription Quantity: Order 1 box of 5 catheter valves initially and re-order 1 box of 5 a month

Catheter valves							
Indications & Features	Allows drainage of urine from a catheterised bladder without the need for a permanently attached drainage bag. Lever –tap, pull action to open & close 180 degree lever tap						
CliniSupplies Ltd	Prosys Catheter Valve	FSS1042	PCV3942	-	-	5	£10.17
Great Bear Healthcare Ltd	Libra lever Catheter Valve	Non-stock	10540A	-	-	5	£13.46

Incontinence Sheaths

- Can offer a valuable alternative method of urinary incontinence management in men
- They are single use, adhesive sheaths applied to the penis then attached to a drainage bag
- Appropriate assessment must be undertaken by a healthcare professional with appropriate knowledge i.e., a member of staff from the catheter/continence team
- Patients must be measured properly including girth & length
- Sheaths must be changed on a daily basis to relieve pressure and allow for skin hygiene
- Over ordering of more than one box per month may indicate poor fit and the need for re-assessment.

Patients must meet the following criteria for a sheath to be successful:

- A non-retracted penis
- Healthy unbroken skin
- No risk of sheath being pulled off
- Reasonable mental awareness, manual dexterity and good eyesight or carer availability

Trial packs of sheaths and measuring devices are available from the Continence and Catheter Team. Please ensure that the sheath is working effectively before prescribing.

Prescription Quantity: Order 1 box of 30 sheaths initially and re-order 1 box of 30 every month

Incontinence Sheaths							
Great Bear Healthcare Ltd	Libra Sheath Standard	Non-stock	GBLSS24	24mm	-	30	£49.77
			GBLSS28	28mm		30	£49.77
			GBLSS31	31mm		30	£49.77
			GBLSS33	33mm		30	£48.41
			GBLSS35	35mm		30	£49.77
			GBLSS40	40mm		30	£49.77
Great Bear Healthcare Ltd	Libra Sheath Pop on	Non-stock	GBLSP24	24mm	-	30	£49.77
			GBLSP28	28mm		30	£49.77
			GBLSP31	31mm		30	£49.77
			GBLSP33	33mm		30	£48.41
			GBLSP35	35mm		30	£49.77
			GBLSP40	40mm		30	£49.77
Coloplast Ltd	Conveen® Optima Standard	Non-stock	22025	25mm	-	30	£55.98
			22028	28mm		30	£55.45
			22030	30mm		30	£55.98
			22035	35mm		30	£55.98
			22040	40mm		30	£55.98
Coloplast Ltd	Conveen Optima Short	Non-stock	22121	21mm	-	30	£55.98
			22125	25mm		30	£55.98
			22130	30mm		30	£55.98
			22135	35mm		30	£55.98

Prep Wipes for use with Incontinence Sheaths

Prescription Quantity: Order 1 box per month

Prep wipes							
Indications & Features	Aiding adhesion and removal of sheath catheter						
Coloplast Ltd	Conveen Prep Wipe	Non-stock	62042	-	-	54	£11.50

Skin Barrier Cream/Film

The prophylactic use of a skin barrier film is not necessary for the majority of patients with urinary incontinence – only use on Specialist advice.

Urethral Dilators

Meatal Dilators							
Indications & Features	Meatal dilatation for patients with diagnosis of urethral stricture, to be used as directed by urology						
Peak Medical Ltd	UltraSmooth Hydrophilic Meatal Dilator Tapered Tip	Non-stock	USMDT12-USMDT18	-	-	30	£39.30

Bladder Infusion Kit							
LINC Medical Systems Ltd	Bladder Infusion Kits	FST1054	MCI/701	-	-	10	£20.81

Leg Straps							
Optimum Medical Solutions	Ugo fix Catheter Straps			-	-	5	£13.33
	45cm	FSS1068	3002			5	£14.71
	80cm	FSS1069	3003			5	£17.91
	130cm	FSS1070	3009				

Specialist Products

- **Catheter Maintenance Solutions** – these are Specialist products
- **Urinary products** e.g., funnels – patients should be asked to purchase these from pharmacies, specialist shops or the internet
- **Tieman Tipped catheters** – these are specialist use only for patients with enlarged prostate gland
- **Trans-anal irrigation** e.g., Peristeen® - may be suitable for some patients following specialist assessment* to evaluate for suitability, assess risks and to identify the most appropriate system to meet the needs of the individual, as not one device alone will suit all patients.

*This assessment must be undertaken by a specialist nurse in the Bladder and Bowel team.

Specialist Use Only – contact the Bladder and Bowel Team

Anal Irrigation - the patient should be established on alternate day use by the specialist service and the irrigation system should be stopped if the patient does not use it regularly or does not want to continue with it

Manufacturer	Appliance	Ordering Code	Product Code	Gauge Size	Balloon Size	Pack Size	Drug Tariff*
Coloplast Ltd	Peristeen Plus Regular (excluding toilet bag & includes 1 control unit, 2 rectal catheters, 1 water bag, 2 straps, 1 tube)		29141		-	1	£80.44
	Peristeen Plus Accessory Unit Regular (Contains 15 rectal catheters, 1 water bag)		29142		-	1	£140.20
	Peristeen Plus Catheters Regular (Contains 10 rectal catheters)		29143		-	10	£89.64
	Peristeen anal plugs Small large		1450 1451		-	20 20	£50.12 £49.09
MacGregor Healthcare Ltd Qufora®	Irrisedo MiniGo		QMGO		-	30	£195.00
	Irrisedo MiniGo Flex		QMGOFLEX		-	30	£225.00
	Irrisedo cone system		QTM		-	15	£105.48
Wellspect Healthcare	Navina Classic		69005 69006 69007 69017	classic refill small cone	-	1	£78.86 £78.86 £78.48 £76.59

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