

Halton Breastfeeding and Infant Feeding Services

Natasha and Oscar

During our golden hour he latched himself on and fed for two hours!

I was very confident in breastfeeding as I was told numerous times that he was putting on weight very well for a breastfed baby and it took very little effort to get him on.

Unfortunately, due to an error in the system, Oscar wasn't reviewed by a health visitor or weighed for about 5 weeks. He was weighed at his vaccinations, and nothing was mentioned.

I was seen by a feeding team as I mentioned it was slightly sore on one side. They reviewed us and said that his latch was perfect and there were no issues.

In between, I had advised by a family member that I was feeding him too often and I should offer a dummy instead (essentially ignore feeding cues).

The next time I saw the health visitor she mentioned he had dropped a centile, so I was referred to Carole.

Carole immediately noticed the latch was off slightly and I was told to not ignore his feeding cues.

I began following cues better and attempted to change his latch, however by this point he was 10 weeks and did not enjoy the increase in the flow of let-down.

I was seen weekly by Carole where we could discuss how the previous week had gone and talk through any worries or concerns, I had. It was a non-judgmental, relaxed environment where I felt comfortable to talk.

I was also given a pump as my supply had decreased whilst I'd been ignoring cues. By week 14 he had begun maintaining his weight again and I was discharged.

I am incredibly grateful to Carole.

