

# Halton Breastfeeding and Infant Feeding Services

## Emma and Aldous

I always wanted to give breastfeeding a go and when I held my little boy for the first time, I knew it was going to be for us!

I found that although it's the most natural thing in the world, it didn't come easy to me.

At first, we had a few obstacles such as a tongue tie and pcos. Despite the difficulty, I loved breastfeeding so much.

I loved the way my little boys' fingers curled around my hand when he was feeding, I loved the smile he had when I held him close for a feed, I loved every single thing about breastfeeding.

We are so lucky to have had the support we've received. We're now 19 weeks into feeding and still going strong.

I find the bond between Aldous and I to be stronger than I ever could have imagined, and I put a lot of that down to how we feed.

