OpCOURAGE

NHS
Veterans' Mental Health Transition, Intervention and Liaison Service

Mental health support for veterans

A specialist service for ex-armed forces veterans and service personnel who are approaching discharge, to support and recognise the early signs of mental health problems

For more information in the North West of England:

Tel: **0300 323 0707**

Email: **the.mvs@nhs.net**

North of England Team

Service provided by:
Cumbria, Northumberland Tyne and Wear NHS Foundation Trust
Humber Teaching NHS Foundation Trust, Pennine Care NHS Foundation Trust
Tees, Esk and Wear Valleys NHS Foundation Trust and Walking With The Wounded