

## School Health Service

The School Health Team includes a range of professionals including school nurses, community nurses, nursery nurses and clerical officers.

Each primary and secondary school has a named school nurse. They are supported by their team to promote health and emotional wellbeing in schools and in the community by:

- Addressing any concerns about a child or young person's health in confidence
- Providing health advice to help children and young people to make positive health choices
- Assessing children starting primary school after their care is transferred from the health visitor
- Offering young people an opportunity to discuss health issues confidentially at school based or community based drop-ins
- Supporting young people who have particular medical needs and providing training for education staff to help manage these needs
- Delivering classroom-based health education
- Working with and referring to other professionals

- Working with other agencies to safeguard and protect young people
- Delivering the National Child Measurement programme (NCMP).

We also have an Immunisation Team that delivers the immunisation programme to school age children.

### Contact details and further information:

For more information about our integrated service please email: [bchft.0to19@nhs.net](mailto:bchft.0to19@nhs.net)

If your child is unwell please contact your GP or ring 111 for advice. Please ring **999** in the event of an emergency.

Ask Ollie is Warrington's Local Offer website supporting parents and carers of children and young people with special educational needs and or disabilities. For more information, please visit: [Warrington's Local Offer | Ask Ollie](http://Warrington's Local Offer | Ask Ollie) ([mylifewarrington.co.uk](http://mylifewarrington.co.uk))



Parents and Carers of children aged 0-5:  
Text: 07507 327981  
Parents and Carers of children and young people aged 5-19: Text: 07480 635994  
Young People aged 11-19: Text: 07507 330101

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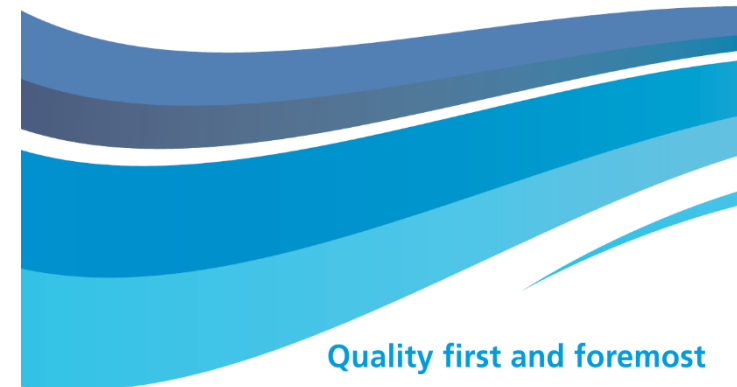
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**Bridgewater  
Community Healthcare**  
NHS Foundation Trust

## Warrington 0-19 Integrated Service

### Information about the Health Visiting and School Health Service



Quality first and foremost

## 0-19 Integrated Service

We are a group of healthcare professionals who offer services to children and families from birth to age 19 through the Health Care programme.

The 0-19 Integrated Service includes:

- Health Visiting
- School Health
- Family Nurse Partnership
- Oral Health Promotion
- Breastfeeding Peer Support Services.



Our main aims are:

- Health promotion
- Health protection
- Prevention of ill health
- Early intervention.

## Health Visiting Service

Our Health Visiting Service offers advice and support for new parents from the antenatal period up to five years through the Health Care programme. They include:

- Health visitors
- Staff nurses
- Support staff.

Health visitors also work with other services, such as general practitioners (GP's), midwives, school nurses, children's centres, voluntary organisations and social workers.

We have community advice clinics and a triage service that offers telephone advice and support as required. The health visitor can also provide local service information that families can access.

The Warrington ChatHealth Service provides anonymous and confidential advice lines for parents and young people.

### Role of the health visitor

A health visitor is a trained nurse or midwife who has received additional training in public health.



Every child up to the age of five will have a named health visitor.

Your named health visitor will contact you to arrange appointments for you and your child.

You will be able to discuss your child's developmental progress during your appointment.

The health visitor will also offer support, practical advice and guidance to you and your child, these include:

Child health:

- Sleep and behaviour management
- Infant feeding, diet and nutrition
- Growth
- Development
- Immunisations
- Home safety
- Minor illnesses – health visitors are able to prescribe medicine for some conditions.



Family health and wellbeing:

- Emotional health and wellbeing
- Postnatal depression and mental health
- Parenting skills and accident prevention
- Domestic abuse
- Healthy eating.