



***Learning Disabilities Support Factsheet***

The Learning Disabilities Health Intelligence Network (part of Public Health England) are producing a regular Coronavirus/Covid 19 newsletter update with accessible information for people with learning disabilities. You can sign up to the newsletter [here](https://public.govdelivery.com/accounts/UKHPA/subscribers/new) or check back as we regularly update the information we are providing in the Trust.

**Easy Read Coronavirus Guidance**

Public Health England have published the following guidance in an easy read format:

* General information about Coronavirus and how to stop the spread of it <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/874281/COVID-19_easy_read.pdf>
* Information about looking after your feelings and your your body <https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876996/Easy_read_looking_after_your_feelings_and_body.pdf>
* How to wash your hands properly <https://campaignresources.phe.gov.uk/resources/campaigns/101/resources/5080>
* Information about social distancing and staying at home <https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people>
* Information about ‘shielding’ to protect people who will probably be very poorly if they get Coronavirus <https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>

Easy read resources available elsewhere:

* Easy read Coronavirus posters from Photosymbols <https://www.photosymbols.com/blogs/news/free-poster>
* A set of easy read Coronavirus resources and information and resources for carers from Mencap <https://www.mencap.org.uk/advice-and-support/health/coronavirus-covid-19>
* The Coronavirus hub hosted by Learning Disability England has information about the virus along with resources and ideas for people to stay connected <https://www.learningdisabilityengland.org.uk/what-we-do/keeping-informed-and-in-touch-during-coronavirus/>
* The people most likely to be very poorly if they get the virus have been sent a letter by NHS England, and easy read copy can be seen here <https://www.england.nhs.uk/coronavirus/publication/guidance-and-updates-for-gps-at-risk-patients/>

The North West Training and Development Team are posting daily VLOGS on YouTube to support accessibility of information <https://www.youtube.com/channel/UCFjzspeF-aJSKNyx_luPa8g>

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**More Important Information (Not Easy Read):**

Health and social care guidance:

* [Clinical guidance from NHS England](https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/C0031_Specialty-guide_LD-and-coronavirus-v1_-24-March.pdf)for front line staff to support the management of patients with a learning disability, autism or both
* [Responding to COVID-19: the ethical framework for adult social care](https://www.gov.uk/government/publications/covid-19-ethical-framework-for-adult-social-care/responding-to-covid-19-the-ethical-framework-for-adult-social-care)from the Department of Health and Social Care
* [Managing capacity and demand within inpatient and community mental health, learning disabilities and autism services](https://www.england.nhs.uk/coronavirus/wp-content/uploads/sites/52/2020/03/Managing-demand-and-capacity-across-MH-LDA-services_25-March-final.pdf)from NHS England
* [Social care provider resilience during COVID-19: guidance to commissioners](https://www.local.gov.uk/coronavirus-information-councils/social-care-provider-resilience-during-covid-19-guidance-commissioners)from the Local Government Association

Other Public Health England Coronavirus guidance (not easy read):

* COVID-19 guidance for residential care, supported living and home care <https://www.gov.uk/government/publications/covid-19-residential-care-supported-living-and-home-care-guidance>
* Public Health England and government Coronavirus guidance is available on [gov.uk](https://www.gov.uk/coronavirus)

**Resources For People With Learning Disabilities And Their Families:**

From the Learning Disability Professional Senate:

* Resources to use with people with learning disabilities through the Coronavirus restrictions, including easy read information about staying at home and washing your hands, and ideas of things to do <https://www.bild.org.uk/wp-content/uploads/2020/03/LD-Senate-Coronavirus-resources-for-use-with-people-with-learning-disabilities-30.3.2020.pdf>
* Information for families including information on a trauma-informed care responses and top tips to supporting someone with learning disabilities at this time <https://www.bild.org.uk/wp-content/uploads/2020/03/LD-Senate-Coronavirus-resources-for-use-by-families-27.3.2020.pdf>

Council for Disabled Children <https://councilfordisabledchildren.org.uk/help-resources/resources/covid-19-support-and-guidance>

Learning Disability England have loads of links to resources including home schooling resources from The Sensory Project, information from the National Autistic Society, and information for SEND from the Special Needs Jungle <https://www.learningdisabilityengland.org.uk/what-we-do/keeping-informed-and-in-touch-during-coronavirus/resources-that-can-help/>

Our Dementia Support Factsheet has loads of ideas for activities that might be useful too, find it on The Hub <http://nww.bridgewater.nhs.uk/teams/infectioncontrol/Pages/Coronavirus-Staff-Health-and-Wellbeing-Hub.aspx>

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**More Resources For People With Learning Disabilities And Their Families:**

Books Beyond Words have made a number of social stories free to download:

* Jack Plans Ahead for Coronavirus: A Guide For Family and Carers <https://booksbeyondwords.co.uk/downloads-shop/jack-plans-ahead-for-coronavirus>
* When Someone Dies From Coronavirus: A Guide for Families and Carers <https://booksbeyondwords.co.uk/downloads-shop/when-someone-dies-from-coronavirus>
* Beating The Virus <https://booksbeyondwords.co.uk/downloads-shop/beating-the-virus>
* Good Days and Bad Days During Lockdown <https://booksbeyondwords.co.uk/downloads-shop/good-days-bad-days>

**Support For Carers:**

From the Challenging Behaviour Foundation:

* Supporting your loved one at home 
* Supporting children and adults with severe learning disabilities at home during the Coronavirus 

Carers Centres:

* Halton Carers Centre Update 
* St Helens Carers Centre <http://www.sthelenscarers.org.uk/>
* Warrington Disability Partnership <https://www.disabilitypartnership.org.uk/covid19.shtml>
* Wired (Warrington, Wirral and Liverpool) <https://wired.me.uk/>
* Carers Trust Cheshire and Warrington (go to news page) <https://cheshireandwarringtoncarers.org/>
* Wigan and Leigh Carers Centre <https://www.wlcccarers.com/>
* Bolton Carers Support <https://www.boltoncarers.org.uk/>
* Signpost Stockport for Carers <https://www.signpostforcarers.org.uk/>
* Tameside Carers Centre <https://www.tameside.gov.uk/carerscentre>
* Trafford Carers Centre <https://www.traffordcarerscentre.org.uk/>
* Derbyshire Carers Association <https://derbyshirecarers.co.uk/>
* Carers Trust (national information) <https://carers.org/guidance-coronavirus>
* Carers UK (national information) <https://www.carersuk.org/help-and-advice/coronavirus-covid-19/coronavirus-covid-19>