

How can I help my child?

You can help your child by encouraging them to use the behaviour strategies they have been shown:

- At home
- In school
- With friends.

It is important you and your child attend review appointments when asked to do so.

Parents/carers of children with newly diagnosed ADHD are invited to attend an ADHD workshop. Please ring the Neurodevelopmental Nursing Team (NDNT) directly to book a place on telephone number: 0151 495 5418.

What if I need more support to manage my child's behaviour?

The doctor, school, specialist pharmacist or nurse can make a referral to the NDNT based in the Woodview Child Development Centre. The NDNT will accept self-referrals for children previously supported.

What happens when my child reaches 17?

From about the age of 17 we will start to plan your child's move to Adult ADHD Services, if this is appropriate.

The doctor and specialist pharmacist or nurse will involve your child in their care and listen to their views about treatment.

Contact information

Community Paediatric Service,
Lister Road, Astmoor West Estate,
Runcorn. WA7 1TW

Telephone: 01928 593011
01928 593476
0151 495 5405

Email: bchft.haltonpaedsadmin@nhs.net

We are open Monday to Friday from 9am until 5pm. An answerphone is available outside these times.

Useful information

Children & Adults with Attention Deficit Disorder (CHADD) - www.chadd.org
ADDers - www.adders.org
ADDIS - www.addiss.co.uk
ADHD Matters - www.adhdmatters.co.uk
Living with ADHD - www.livingwithADHD.co.uk
ADHD Foundation - www.adhdfoundation.org.uk
ADDvanced Solutions Community Network - www.addvancedsolutions.co.uk

For impartial and confidential advice or information on the services provided by Bridgewater or to receive this leaflet in an alternative format call our Patient Services team on 0800 587 0562.

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ADHD Treatment



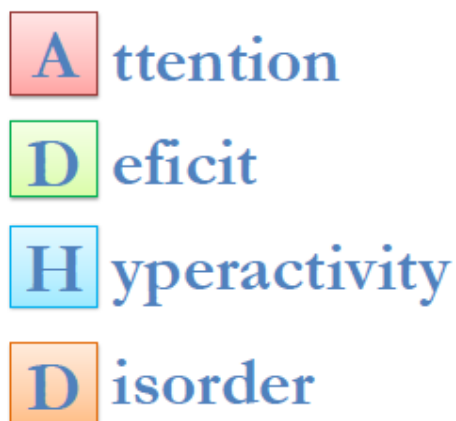
Quality first and foremost

What is the treatment for Attention Deficit Hyperactivity Disorder?

There are different treatments available for children diagnosed with Attention Deficit Hyperactivity Disorder (ADHD).

Treatment can be a mixture of:

- Behavioural strategies at home and school
- Educational support
- Medication.



What medication is available?

There are two different types of medication used for children over six years who have been diagnosed with ADHD:

- Stimulant drugs
- Non-stimulant drugs.

Who decides if my child needs medication?

The doctor will discuss the advantages of each type of medication once your child has been diagnosed with ADHD. They will also discuss any possible side effects from taking medication.

You may decide medication is not the right option for your child at the present time.

What happens if I agree to medication?

If you agree to medication the doctor will:

- Measure your child's height and weight
- Take your child's blood pressure and heart rate.

Sometimes other tests may be needed such as a heart test called an ECG.

The doctor will also ask you to sign a treatment agreement; this is your agreement to attend clinic review appointments with your child.

When will my child be reviewed?

Your child will be reviewed by a doctor or specialist pharmacist or nurse every three or six months (depending on their age) if they have been diagnosed with ADHD and are being treated with medication.

You will receive a clinic appointment from the service.

The doctor, nurse or specialist pharmacist can normally:

- Supply medication for one month
- Continue to prescribe for children that have been assessed and reviewed.

The doctor and specialist pharmacist or nurse will involve your child in their care and listen to their views about treatment.

How do I request a repeat prescription?

You must contact the service to request a repeat prescription; this can be done by:

- Telephone: 01928 593042 or
- Email: halton.prescriptions@nhs.net

Please give five working days' notice for a repeat prescription.

Where do I collect prescriptions from?

New and repeat prescriptions are now transferred electronically by a prescriber to a nominated pharmacy.

You will be able to collect prescriptions from your nominated pharmacist. Please contact your General Practitioner (GP) if you would like to nominate or change your pharmacy.

Can the medication be changed?

Medication treatment is usually only changed at a clinic review appointment. You can contact the service for advice in between review appointments.